

## Forgiveness Prayer

The following prayer covers most significant areas of forgiveness. Often, such a prayer will bring to mind other areas that need forgiveness. Let the Holy Spirit move freely and guide your mind to persons or groups that you need to forgive.

Lord Jesus Christ,

I ask today to forgive \_\_\_\_\_. What they did to me was a sin, and it hurt me deeply. I have been angry at them for so long. I now know that anger is harming me, and has no purpose in my life. I know that You will give me strength to forgive \_\_\_\_\_. I thank You that You love me so much more than I can ever love myself. I know you only want wholeness, healing, and happiness for me and that is why I need to forgive \_\_\_\_\_. I honestly from this day forward forgive \_\_\_\_\_, and on the day of judgement I want no accusation held against them.

I know my unforgiveness is a sin, and it has allowed me to build walls around myself to keep others out. But it also has changed my perception of who you are FATHER, and how much you love me.

I ask forgiveness for the vengeful thoughts I have against \_\_\_\_\_. You have called me to forgive every single person just as you forgive me. I want to look at \_\_\_\_\_ and see them through your eye, the lost and wounded person that they are.

I forgive \_\_\_\_\_ completely, thank you Jesus for showing me that it is time to let go of this wound.

Jesus name Amen

