

## Prayer for Forgiveness of Self

Forgiving yourself will change the direction of your life. Scripture tells us that God forgives us, it states that He remembers our sins no more (Jeremiah 31:34). This does not mean that our Father God forgets, but rather, he chooses to forgive us. He chooses not to bring up our sin in a negative way. God forgives everyone who repents and asks for forgiveness. It doesn't matter how bad we think the sin is. He is impartial to whom He forgives. He forgives us all. God wants us well, whole and free. There is freedom in Christ and accepting Christ as the Lord of our lives. Condemnation is not from God. God does not condemn us after we have asked for forgiveness, and repented. Condemnation and unresolved guilt is from the "enemy". Satan comes to lie, kill, and steal our joy and our freedom in Christ. Do yourself a favor and forgive yourself. You are the only one who hasn't already done so!

Dear Heavenly Father,

I know you tell us to forgive others, and I do. But, Father I just have a hard time believing that You forgive me too. I feel my sin is worse than others, and I live in such shame. But Father, I can see that this mindset has robbed me of my joy and my life. I choose today to believe You. You say in scripture that Jesus was sent to atone for every believer in Christ sin, and Father that means me as well. Forgive me Father for not trusting Your word. Forgive me for holding onto unforgiveness. Forgive me for allowing Satan to steal my freedom which You paid such a personal price for. I accept Your forgiveness today Father, and I will walk in a new light. My steps will be faster, my heart will be stronger, and my spirit will be free in the name of Jesus.

Thank you Father for who you are, and for what you have given me: the gift of salvation which includes my forgiveness.

In Jesus Christ name I Pray,

Amen

